

## PLACEMENT OPPORTUNITIES

### Overview

The Therapy Clinic is committed to offering work and placement opportunities for therapists at all stages of their career from trainee level through to qualified, accredited and senior accredited status. Our aim is to provide a vibrant and supportive environment for psychotherapists, counsellors and psychologists from diverse training backgrounds who share our commitment to providing high quality, accessible therapy services and who can make an active contribution to the work of the clinic. We offer both trainee and post qualification placement opportunities for psychotherapists, counsellors and counselling psychologists. The Therapy Clinic promotes a culture of learning across all levels of professional experience and we actively encourage our practitioners to share ideas and engage in cross modality conversations.

### Placement Structure

- ❑ 4-6 clinical hours per week
- ❑ Free lunchtime CPD sessions and learning forums organised throughout the year
- ❑ In house fortnightly individual or weekly group supervision
- ❑ Quarterly Practitioner meetings
- ❑ 1 or 2 year placement with the potential to extend

### The Therapy Clinic Offers:-

- ❑ The opportunity to practice as part of a diverse team who share a commitment to making therapy as accessible as possible for people across all sections of the community
- ❑ Access to a broad range of clients and the option to practice both short and longer term therapy. The opportunity to provide a combination of f2f and online therapy may also be an option subject to individual course requirements.
- ❑ Opportunity to develop additional clinical skills e.g. conducting assessments
- ❑ A vibrant and supportive learning environment
- ❑ Opportunity to contribute to and learn from the clinic ethos which supports cross modality conversations and thinking
- ❑ Participation in Informal learning forums as well as scheduled CPD and regular clinical supervision

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### Entry Requirements

#### 1. Post Qualification Placement

- Successful completion of a core professional training in counselling, psychotherapy or counselling psychology, at postgraduate level or equivalent and comprising at least 350 hrs of teaching and 100 hrs of supervised clinical practice
- Completion of a min 50 hours of personal therapy with an accredited therapist
- Previous relevant work experience in an organisational setting in an employed or voluntary capacity eg in a helping role in health and social services, voluntary organisation or educational sector.

#### 2. Trainee Placement

- Completion of year one of a core professional training in counselling, psychotherapy or counselling psychology, at postgraduate level or equivalent, and comprising at least 350 hours of teaching and 100 hours of supervised clinical practice
- Completion of a previous supervised placement as part of training (min 40 hrs)
- Previous relevant work experience in an organisational setting in an employed or voluntary capacity eg in a helping role in health and social services, voluntary organisation or educational sector

### Location

The Therapy Clinic is located at 175 Westbourne St , Hove BN3 5 FB. For further information see the TTC website <https://therapyclinicbrighton.com>

### How to Apply

Please send an email with C.V attached to the Director Rose Gardner [rose@therapyclinicbrighton.com](mailto:rose@therapyclinicbrighton.com) to express interest and request further information . You will be invited to complete a short application form prior to selection for interview. Application deadline is November 30th for post qualified placements. Interviews will take place early /mid December for placement start in January 2021. Recruitment for trainee placements will take place early in the new year.